

Funky Five Ball Tricks
Saturday, June 2, 2018
Matt Hall

INTRODUCTION:

This workshop is essentially a continuation of my much older, and still fun for me original five-ball workshop from 2007. This time around, we will be focusing more on synchronous tricks, which are often overlooked when it comes to five-ball tricks. I have also included some of the old gems from the previous workshop, just for fun and warm-up.

Mark Douglass IJA 2004

(6,6)(2x,6)* “Together, Box, Together, Box”
(6x,6x)(6x,2)* “Wimpy, Right, Wimpy, Left”
(6x,6x)(6x,2x)* “Wimpy, Right Shower” (can be done with left as well)
(6x,6x)(6x,2)(6x,6x)(6x,2x)* “Wimpy, Right, Wimpy, Right Shower, Wimpy, Left, Wimpy, Left Shower”

Matt Hall 2007 Workshop

Tired of the same ol’ (6x,4)* pattern? Try these rarely seen and more mind-bending variations:

(6x,4x)(6,4x)*--mix up two different shapes
(6x,4x)(6,4x)(6,4)*--mix up two different shapes, with the (6,4) allowing you to make it symmetrical.
(6,4x)(6x,4)(6x,4x)—one hand does all the work, with all three standard variations, but asymmetrical.

Funky Left-Left-Right-Right 5 ball tricks!

726--The 5 ball trick that, if you screw it up, drops nicely into (6x,4)*. To hot start it, throw two 6’s.
To get out, just throw one 6. Rhythm is Cross-Self-Cross-Self.
Martin (invented by Nate Martin) [62]25 Rhythm is Self-Cross-Self-Cross.

Spice up those old 4 ball patterns by adding a multiplex!

53[43]
[53]34

Crizzly Maksymiak Portland 2017

4 ball Warm-Up/Scaffolding Exercises

([44x],2x)(4,2)*
([66x],0)(2x,2)*
([44x],6x)(0,2)*
([44x],6)(0,2)(6,[44x])(0,2)*
(4x,2)(6x,[44x])(0,4x)*

5 ball Versions

([66x],4)(2,2)*--3 balls at a time, 2 high and 1 low
([66x],4x)(2x,2)*--3 balls at a time, with a ball passed underneath
([44x],6)(4,2)*--3 balls and then 1 ball, with the 3 ball being 1 high and 2 low.
([44x],6x)(4x,2)*--same as above, but now solo balls are crossing, instead of self.

$([66x],2)(6x,2)(6x,2)^*$ {the extended chase of first 4-ball pattern above}
 $([66x],2)(6x,2x)(6,2)^*$ {3 beat pattern—2 ball multiplex, shower throw, self-throw}
 $([66x],2)(2,6)(6,2)^*$ {cascade rhythm with fountain throws}

Variations Galore!!

$([66x],2x)(6,2x)(6,2)^*$
 $([66x],2x)(6,2)(6x,2)^*$
 $([66x],2x)(2x,6x)(6x,2)^*$

$([66x],4)(2,6)(4,2)^*$
 $([66x],4x)(2x,6)(4,2)^*$
 $([66x],4x)(2x,6x)(4x,2)^*$
 $([66x],4)(2,6x)(4x,2)^*$
 $([66x],4x)(6,2)(4x,2)^*$
 $([66x],4)(6x,2x)(4,2)^*$

$([44x],6)(2,6)([66x],2x)(2,2)^*$
 $([44x],6)(2,6)([66x],2x)(2,2x)$
 $([44x],6x)(6x,2)(2x,[66x])(2,2)^*$
 $([44x],6x)(6x,2)(2x,[66x])(2,2x)$

$(2,6x)([66x],2x)(2x,6x)(4x,6x)^*$
 $(2,6x)([66x],2x)(2x,6x)(4x,6)$

ACKNOWLEDGEMENTS

As you can see from above, I owe a great deal to Mark Douglass from Australia and to Crizzly Maksymiak from Portland—they contributed a good portion of the new material that inspired me to build upon the old workshop.

RECOMMENDATIONS

If you're looking for further inspiration, I recommend viewing Mura-san's excellent videos on YouTube at: <https://goo.gl/RbpE7V> He definitely showcases some next-level synchronous tricks in addition to many other excellent variations.

Feedback: Please feel free to offer your comments and critiques about your experience during this workshop at: <https://goo.gl/y4BDr7>