

Funky Five Ball Tricks
Wednesday, August 7, 2019

Matt Hall

INTRODUCTION:

This workshop is essentially a continuation of my much older, and still fun for me original five-ball workshop from 2007. Crizzly Maksymiak gets the assist on this one because she showed me some crazy patterns at Portland Juggling Festival 2017 and inspired me to look at my old stuff. This time around, we will be focusing more on synchronous tricks, which are often overlooked when it comes to five-ball tricks. I have also included some of the old gems from the previous workshop, just for fun and warm-up.

Mark Douglass IJA 2004

(6,6)(2x,6)* “Together, Box, Together, Box”
(6x,6x)(6x,2)* “Wimpy, Right, Wimpy, Left”
(6x,6x)(6x,2x)* “Wimpy, Right Shower” (can be done with left as well)
(6x,6x)(6x,2)(6x,6x)(6x,2x)* “Wimpy, Right, Wimpy, Right Shower, Wimpy, Left, Wimpy, Left Shower”

Funky Left-Left-Right-Right 5 ball tricks!

726--The 5 ball trick that, if you screw it up, drops nicely into (6x,4)*. To hot start it, throw two 6's.

To get out, just throw one 6. Rhythm is Cross-Self-Cross-Self.

Martin (invented by Nate Martin) [62]25 Rhythm is Self-Cross-Self-Cross.

Vesuvius—from the Encyclopaedia of Ball Juggling

Matt Hall 2007 Workshop

Tired of the same ol' (6x,4)* pattern? Try these rarely seen and more mind-bending variations:

(6x,4x)(6,4x)*--mix up two different shapes
(6x,4x)(6,4x)(6,4)*--mix up two different shapes, with the (6,4) allowing you to make it symmetrical.
(6,4x)(6x,4)(6x,4x)—one hand does all the work, with all three standard variations, but asymmetrical.

Spice up those old 4 ball patterns by adding a multiplex!

53[43]

[53]34

ACKNOWLEDGEMENTS

As you can see from above, I owe a great deal to Mark Douglass from Australia and to Crizzly Maksymiak from Portland—they contributed a good portion of the new material that inspired me to build upon the old workshop.

RECOMMENDATIONS

If you're looking for further inspiration, I recommend viewing Mura-san's excellent videos on YouTube at: <https://goo.gl/RbpE7V> He definitely showcases some next-level synchronous tricks in addition to many other excellent variations.

Feedback: Please feel free to offer your comments and critiques about your experience during this workshop at: <https://goo.gl/y4BDr7>