

Japanese Cigar Box Tricks-Vertical Shuffle Stacks & More

Tuesday, August 6, 2019

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INTRODUCTION:

For the first time in my twenty years as a juggler and as a teacher, I find the cart in front of the horse, so to speak. I created a video tutorial for the IJA for this workshop in April of this year. That video represents the first time I have actually created a video record of my instruction for any workshop, and for any prop. This handout is essentially a written reference and supplement to that video. If you know that you are a more auditory/visual learner, then I recommend watching that video, which can be found at: <https://tinyurl.com/japnboxtutorial>

SCAFFOLDING EXERCISES

My suggestions for building up to this trick is to master several common 3 box tricks. They are...

Grip Changes
2 Box Fork Placements
2 Box Shower
Regular Middle Box Spin Shuffle Stack (this one is a must)*
2 Box Vertical Shuffle Stack Exercise (the most important)**

FUNDAMENTAL TRICK & VARIATIONS

Middle Box Spin (MBS)
MBS Symmetrical
MBS Shower
MBS Shower + Under Arm Throw
MBS Box Switch + Under Arm Throw
MBS Shower + Long End Shuffle Stack + Shower
MBS Shower + Long End Shuffle Stack+ Push + Shower
MBS Shower + Long End Shuffle Stack (Flip)+ Push + Shower
MBS Shower + Fast Hand + Box Switch + Under Arm Throw

ACKNOWLEDGEMENTS

As mentioned in the video, my first exposure to this new style was Jin Suzuki's 2014 video, *3 boxes juggling*, which can be found at: <https://tinyurl.com/jinsuzuki3boxes> I suspect he is one of many Japanese jugglers who created/refined/ and explored these variations, but I do know he was the first juggler to produce a public record of his findings. This workshop essentially covers the all of the variations with vertical shuffle stacks that he links together seamlessly in the sequence at the beginning of the video for the first 40+ seconds. The video is more than 4 minutes long. Think about that for a second.

RECOMMENDATIONS

If you're looking for further inspiration, I recommend viewing Jin-san's other excellent videos on YouTube at: <https://www.youtube.com/user/634suzujin>. He has definitely pushed the envelope in how he manipulates boxes. There are also many Japanese boxers on Instagram right now putting out a great deal of content. Some of them are: matsungo6705, edzen_box, 634suzujin, lukie_boxmonkey, and cigarboxjuggler.

Feedback: Please feel free to offer your comments and critiques about your experience during this workshop at: <https://goo.gl/y4BDr7>